

THE QUARTUS REPORT



The Quartus Foundation is an international nonprofit organization founded in 1981 by John and Jan Price. It is dedicated to the research and interpretation of the philosophic mysteries, and to the communication of the eternal truths as a contribution to those seeking a more fulfilling life.

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April 2008, Vol. XXV11

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IDEAS TO PONDER

by John Price

1. On self-approval.

It is said that people approve of us based on the measure that we approve of ourselves. High approval causes a positive vibration in the Law of Attraction. Fair brings forth in-and-out relationships with only an average state of helpfulness. A poor rating of self stirs up the energy of uncaring by others and at times rejection--a reversal of the Law of Attraction.

In *The Superbeings* I wrote: "...at one point in time I gave up this project (the book) completely, saying to myself that if I couldn't prove the principles in more spectacular fashion, I certainly was not qualified to try to tell others how to reach the high road to freedom. And something within said, 'What's right with you? ... You should acknowledge what is right with you everyday and the good will grow. ... If you wait for perfection, the purpose of this book will not be fulfilled'." I followed the instruction and my first book was soon published.

What's right with you? Regardless of where you are in consciousness, understand that you are here for a purpose. Even if

you're in the pits and seemingly smothered by ego fear and guilt, there is still a part of your personality through which the Light of God is shining.

In *The Jesus Code* I was reminded that: *You are consciousness; therefore, you have a personality, as I do, which is an expression of your uniqueness. Do not deny or condemn it, or the world will lose a particular flavor in the great miscellany of life.*

Can you begin this day to value yourself more? Not just the spiritual you but the *all* of you, from the inside out. No matter what you've done in the past to miscreate experiences and situations, it's time to forgive false ego thoughts, words and actions, count your blessings, approve of yourself as an individual with unlimited possibilities, and get on with life. There's nothing your Spirit cannot do through you when you have high regard, admiration, respect and appreciation of yourself.

This doesn't mean strutting like a peacock or getting puffed up with pomposity. It simply means to stop beating up on yourself and start believing that there's a lot of goodness, worthiness, virtue and value in that *personality* called you. Your Spirit knows this, and so should you.

2. On Obsessions.

Have you been bothered by an obsessive state of consciousness, i.e. compulsive ideas or irresistible urges, desires out of control? If so, a few explanatory excerpts from Chapter Eleven in *Removing the Masks That Bind Us* might be helpful:

Men and women who are vulnerable to compulsive behavior, which usually stems from a jarring interpersonal experience in early life...will find much emotional suffering, frustration over a lack of achievement, and a blindness to the purpose of life. The

person will lack stability and logic, have little social awareness, and will be solely concerned with the senses and the physical world.

Psychologically, the mask may be worn to compensate for guilt...it has been said that people with totally unwarranted feelings of guilt will repeatedly wash their hands. Guilt leads to deep-seated anxieties, with compulsive behavior used as a way to reduce the inner tension.

On page 121 in this chapter I show the process to remove the guilt and the affirmative prayers to insure the freedom. If you feel even a touch of the obsessive energy, I suggest you work with the cleansing, healing Light of the procedure.

3. On Meditation.

Recently, after a meditation, I was thinking of the splendid benefits of moving into Source, and feeling and knowing the Divine Encounter. And them, "by chance," I picked up Manly Hall's book, *The Phoenix*, and opened it to the chapter titled "The Practice of Meditation." I hadn't read it before and found it to be so beautifully written. Here are excerpts.

Meditation...is the realization of our identity with the transcendental realities of existence. It is the conjuring up of the mood of limitlessness. It is the identification of the soul with consciousness in absolute suspension. Meditation dispels the clouds which obscure the purpose of life, even as the clear rays of the sun dissipate the mist. At the climax of meditation there is the supreme moment when the unthinkable is thought, when the unknowable is known, when eternity is circumscribed with an all-sufficient mood.

Strengthened by contact with that perfection which supports all things and which will ultimately tincture all imperfec-

tion with its own nature, the mystic returns once more to the dimensional state to gather up with renewed courage and insight the scattered elements of his corporeal existence.

Let's take a few moments to meditate.

Pluto in Capricorn, 2008-2023

by John Price

In January of this year, the universal vibration of upheavals and transformation (Pluto) entered into the "testing" energy of new beginnings with revolutionary changes (Capricorn). It's a fifteen year cycle that will bring a new era of business and government.

Looking at a few of the events that occurred during the last visit of this cycle--from 1762 to 1777--we can see the potency of this energy. Rousseau's *The Social Contract* was published in 1763, insisting that popular sovereignty must supplant the idea of the divine right of kings. The American *Declaration of Independence* and the *Bill of Rights* came forth in 1776. There was also a new way of "doing business" in a personal relationship mode with free enterprise as the key.

Being an idealist, I checked out this 2008-2023 cycle through a positive lens, i.e. what could happen if the collective consciousness shifted into a more spiritual vibration. There were only brief glimpses, but what I saw was the break up of old structures with Phoenix-like rising of new forms and ideals. The hold on the world's resources by international financiers would dramatically loosen, ushering in an era of a

corporation-friendly environment and what may be called "cooperative capitalism." The means of production and distribution would be in the hands of proven professionals, with the emphasis now focused on the consumer--a "how can I help you to fulfill your needs" attitude.

Regarding transformation in government, the political processes will be changed to come more through the voice of the people rather than "officials." (Popular sovereignty). The deeming appropriateness of preemptive war and exploitation will give way to a new understanding and recognition of a one-world common interest. And that means moving away from the politics of fear.

Who knows? Let's wait and see what happens as more and more of us look through spiritual eyes.

And don't forget to vote in November.

"THAT IS GOOD"

by Bill Gibson

"Here is a story that I often tell to participants at my speeches and seminars, and I've made it part of the power of optimism in my recent program in the Middle East. I heard the story from a very wise hotel worker in South Africa twelve years ago."

There was a King who had a very good friend who was very wise and always gave the King good advice. One of the things the friend used to do was every time something negative happened to the King, the friend would say, "This is good, and in due time you'll understand why it was

good."

We've all had this happen to us. Something negative happens to us and six months later something great happens. And it could not have ever happened if the negative incident hadn't taken place and put you on a different path to where the positive incident later occurred.

One day the King decided he wanted to go into the bush and do some hunting, so he asked his good friend if he knew of a good hunting guide. His good friend explained that he worked as a guide for several years and was happy to take the King hunting.

After about an hour in the bush, the good friend spotted some buck (antelope). He pointed them out and the King aimed his rifle and pulled the trigger and the gun back-fired and blew the King's thumb off.

The King was on the ground screaming with pain and his good friend looked at him with a smile on his face and said to the King, "That is good. You've gotten your thumb blown off and in due time you'll know why it was good."

Needless to say, the King lost it, was furious at his good friend for being so inconsiderate. When they got back to the Kingdom, the King took his good friend straight to a jail cell, locked him up and said to him, "Any person who would say such an inconsiderate thing to a friend with his thumb blown off is insane. You are a danger to me, a danger to yourself and a danger to the public, so I'm putting you in jail for the rest of your life. And that is good for you, and that is good for me and that is good for the public. And he left him.

A couple of years later, the King's hand had healed but he was still missing a thumb, and he decided to go hunting. He thought of getting a hunting guide, but his previous bad experience convinced him not

to. He went hunting on his own, and sure enough he got lost. Not only did he get lost in the bush but he got captured by cannibals. They took him to their village, built a fire, tied him to the stake and just as they were ready to torch him, the Chief of the village dropped by. The Chief began to explore the King's limbs and discovered the King had a missing thumb. Ironically it was bad luck or seen as a "bad omen" for this tribe to eat someone with a missing limb. The Chief said to his people, "Cut the ropes and chase him away from our village because he is bad luck."

Eventually the King found his way back to his Kingdom. He was ecstatic about being alive. He went straight to the jail and unlocked the jail cell and took his old friend from the cell. He explained to his old friend how losing his thumb saved his life, and he now realizes that his friend was right...it was good that he'd lost his thumb, it saved his life. He said he was very sorry for putting his good friend in jail for two years and he'd like to repay him. He offered to give his good friend anything he wished.

His good friend said, "I don't want anything from you because it was good that I was in jail."

The king said, "Why do you say that?"

The good friend said, "If I had not have been in jail, I would've been with you, and I would be dead now and eaten by cannibals because I have TWO thumbs."

There is usually a reason for everything.

"Life is so constructed that happenings you never expected to happen are actually things that were supposed to happen."--*The World of Serendipity* by Marcus Bach.

From the J & J Notepad

WE WOULD LOVE TO SEE MORE ENROLLMENTS FOR THE JUNE 26-29 INTENSIVE

This is a very important gathering for those seeking that harmonious middle ground between passive lingering and aggressive force. Emerson wrote: "The middle region of our being is the temperate zone... the hero is he who is immovably centered. To escape from false ties, courage to be what we are, and love of what is simple and beautiful...these are the essentials."

To find these essentials we will heaven-walk, ground ourselves in earthy experiences that are simple and natural, and uncomplicate our lives through a greater understanding of the Natural Order of the Universe.

We believe there is a veil in our field of life, that when passed through, will lead to bliss with all things added. We will part that veil, heal old wounds, and discover the *magnificence* of our being where problems are solved, dreams come true and needs are fulfilled--*naturally*.

It's going to be a wonderful time for all of us, and we look forward to receiving your enrollment.

PROGRESS OF BOOKS

In answer to your questions, John's book *Road to Somewhere* is being reviewed by a publisher and query letters on two other finished books have been sent to publishers--*FROM EDEN AND BACK: The Incredible Misadventures of Billy Barker* (a satire on contemporary life) and *Once and Once Again* (a supernatural love story in an arena of mystery and suspense). We feel that the publishing of these books will be a part of the Natural Order, but we would also appreciate your Light and Love.

SHARINGS

"I wish to thank you from the bottom of my heart for your writings. A few years ago I purchased *The Success Book*, *The Abundance Book*, *Empowerment*, and *The Super-beings*. The books have been a great inspiration for me, but for a long time I wanted to purchase your books with the word angel in the title. So two weeks ago I purchased *The Angels Within Us* and *Angel Energy*--then *The Jesus Code*, *Practical Spirituality* and *Living a Life of Joy*. You have given me hope and strength through your writings to attempt impossible things in the face of great opposition at this time in my life. Meditation has become recently an integral part of my life."

T.--e-mail

"I have read many books on metaphysics in the past 25 years of my life. Since the late 1980s I have known about the Law of Attraction. However, *The Abundance Book* is a gem. I have had an amazing journey in my life, and many things happen to me, in particular I find little green and yellow feathers when the Angels want to give me a message. I bought your little book last year and it taught me a lot--then I put it away with all the others. Yesterday I found two little green feathers and picked up your book again. It was as if God was talking to me directly."

D.--Australia

"Have read *The Jesus Code* and am on Day 12 of the thirty day meditations. I've never stuck to one of these programs like I have this one. The journaling is revealing and 'The Word' truly speaks to me. Thank you for 'living' the Light."

J.--Wisconsin

"I read *The Superbeings* many years ago; with it came many blessings. I don't think I grasped the totality of it all, but I certainly had many unseen hands to help me through. I found the book again among many I have collected. This time I am totally dedicated. I went to the book store and ordered seven more."

D.--Ohio

"Bless you all for your good works and your wonderful loving centre. You are helping us all to wake up and realize who we really are and what we can do with this awakening."

R.--Canada

I bought *The Abundance Book* a few weeks ago, as well as *Empowerment*, and they have changed my life. My relationship with God and my God-Self has proven to be quite exhilarating! I am on day 17 of the 40-day abundance plan and I am already noticing

synchronistic, helpful events in my life. I feel content, joy and absolute peace."

J.--e-mail

"There was a time when I used to think of the ones out there in the whirlwind as the individuals who really made it to success. That false and limited perception is now fading away with the realization that beings like yourself, working behind the scenes, silently without looking for fame and recognition are just as successful as the others. I must say again that my real spiritual way of life started with the reading of your books. I only just realized lately that my first attendance at the Mystery School was a great contribution to my awakening. I look back at it as one of the most Divine Experiences in my life. If it hadn't been for your books, your workshops, and your loving prayers, I may not have awakened fully or it would have been delayed indefinitely."

P.--California