

## CHAPTER SIXTEEN

### The Power of Love

As we sit here in this imaginary circle, permit me to play back to certain ones of you what you have told me. Perhaps you did not speak these exact words, but to paraphrase Emerson, what you are in consciousness speaks louder than words. This is not judgment, for anything we can see in another, we have seen in ourselves.

1. You think that you can sit around with your nose out of joint and have others run around catering to you. You wear your feelings on your sleeves, and if everyone's actions do not fulfill your rigid expectations, you feel rejected. And you say that you are a practicing metaphysician!

2. And you with the short fuse. You call yourself a Truth student—which is synonymous with practicing the art of loving—but the only art you're developing is how to lose patience, get angry and throw a good tantrum. And you wonder why your life is not whole and complete.

3. And you, the great hugger. You really know how to display affection in public, but the bitterness expressed behind your closed door is enough to keep your blood pressure high and maintain that pain in the neck in perfect order. Can you not love when you are alone?

4. And you, the "evolved" one. You say that you *know*

Truth—and yet there is that deep-deep resentment toward people of the past and present. Evolverment comes through love, and not the other way around.

5. And you with the sharp tongue. How you love to criticize your minister (not to his face of course), but when asked what *your* ministry in life is, you say you can't get on with it because no one understands you. That's because you're not using the universal language of unconditional love.

6. And you, the fence-straddler. The shift of your consciousness remains in neutral, and though you race the engine of your mind and emotions constantly, you go nowhere. And the reason is because you haven't begun to express your love nature, which is the go-power of the universe.

7. I could go on around the circle, but I think you get the point. If your life is not overflowing with abundance, wellness and fulfillment, you are out of tune with the Love Vibration within you. If you want more out of life, you are going to have to give more to life. When you give love, you receive the Kingdom.

8. Love is what created the universe, and Love is what the universe was created out of. Therefore, Love is Mind and also the thoughts of Mind. Love is the thrust of all creation. "And God said . . ." And the Word was Love . . . and the Power of the Word was Love . . . and the manifestation of the Power was Love. All *is* Love!

9. The Infinite All is the pure essence of Love. This Infinite Love thinks. Its Consciousness is perfect Love. As It contemplates Itself, It does so with Love. And what It sees, It loves. This Father-Mother Mind conceived the perfect Image of Love, which became the first Principle, the ever-living male and female Principle, the I AM THAT I AM, the Love-Self-Reality of each one of us. And this Spirit of Love expressed as you, as me, as every living thing, as all that is.

10. In the beginning you knew only Love. And your creations of materiality were born out of love, for you were a co-creator with God, bringing forth into manifestation only the Divine Ideas of Love. But even a Love-Child has free will, and

you chose to create forms and experiences without the counsel of the Father-Mother Love within. And once you began to identify yourself with your creations, you sealed off the Love Vibration with a material consciousness. Yet you continued to be, and will always be, a spiritual being of Love.

11. Some men and women have rediscovered (awakened to) their true nature of Love, and have opened the inner door to receive once again the Energy of Love, letting it fill their consciousness and eliminate the error patterns of the past as light dissolves darkness. We call these people Superbeings.

12. Are you one? If you are, you know that you are Spirit, that Spirit is Love, and that Love is the activity of Spirit. You know that the activity of Spirit is Its Self-expression, and since you are that Self-expression, you are pure Love. And you know that the Love that created you forever sustains you. Oh how your God-Self loves you! You *know* this, and you are eternally conscious of this joyful Truth!

13. Knowing that the Spirit of God within you—*your* Spirit—loves you with all of Its Being, and that you would not exist without the full focus of this Love appearing *as* you—you relax and let the burdens fall from your shoulders. Say to yourself:

**Since the only Presence and Power of the Universe loves me and sustains me, what on earth could I possibly fear? Nothing. No-thing. Love heals. Love prospers. Love protects. Love guards. Love guides. Love restores. Love creates. Love makes all things new. So I let Love go before me now to straighten out every crooked place in my life. I place my faith in God's love for me and I am free, as I was created to be!**

14. Your God-Self will restore your life and transform your world into a Garden of peace, joy, beauty, abundance and fulfillment. But remember, you are a co-creator with God—not just an empty projector through which images are thrown on the screen of your world. You have a role to play, too, and that role is to be a conscious participant as a radiating center

of Divine Love.

15. Your “center” – which is another word for your energy field – includes thoughts, feelings, words, and deeds. Therefore, to be a co-creator with the Spirit of Love, you must think love, feel love, speak love, and act with love. Your first thought of love should be to respond to the love that your God-Self is eternally pouring out upon you. Since this Presence within you loves you with all of Its Divine Consciousness, should you not reciprocate by loving this Reality of you with all your mind, your heart, your soul, your strength? Can you not express gratitude for that love by returning the love in full measure? When you do, the Connection is restored and the middle wall of partition is blown away.

16. Turn within and say:

**Thank you for loving me. Regardless of what I have done in the past, I know that your love for me has never diminished. Even when I have ignored you, or blamed you, or took action contrary to your counsel, you continued to love me with all of your Being. I love your Love! And I love You! My heart runneth over with love for You, my Friend, my Guide, my Wonderful One, my Counsellor, my mighty God, my everlasting Father, my Prince of Peace, my very Christ Self! Oh, I love You with all my mind, with all my heart, with all my soul, with all my strength. Love is what I have received and Love is what I give, and I am now whole and complete.**

17. Since this God Presence within you *is* you – the Higher Self of you – and since this Self is forever expressing as the allness of you, including your Soul and body, can you now begin to love *all* of you from center to circumference? There is no place where God leaves off and you begin, so all is God and all is you! KNOW THYSELF! To know yourself is to love yourself – all the way through. And do not think that you are not worthy, because your worthiness is God’s Worthiness! LOVE THYSELF!

18. Think beautiful thoughts about yourself:

I am a delightful Child of God. My Spirit is God being me in the absolute. My Soul is God being me in expression. My body is God being me in physical form. I am God being me! Knowing that everything I have ever done, ever said, ever thought, ever felt was simply my consciousness in action, I understand that I could not have expressed any differently. I was acting out of my consciousness, therefore, I dismiss all thoughts of right and wrong . . . that was simply where I was at the time . . . and I know now that I am an evolving Soul returning Home to the Light of Love. So I no longer condemn ME . . . I no longer hold any unforgiveness toward MYSELF. I rise above all feelings of guilt, and I am free to love myself as never before. I love this person I am with all my mind. I love this INDIVIDUAL BEING that I am with all my soul. My love for ME, MYSELF, the I that I AM, knows no bounds. I AM LOVE. I AM LOVE. I AM LOVE.

19. You are told to love your neighbor as yourself, and your “neighbor” means every other soul on this planet and beyond, and all forms of life throughout the universe. So now turn your attention to the world and begin to radiate the Love Activated Spiritual Energy Rays. That’s your Laser beam, and when you direct the beam from the Love Energy Center of your heart, it goes before you to transform every negative situation your neighbor may be experiencing into a splendid positive. This is Power-Love, rather than cuddly fuzzy love, and there is nothing it cannot do. When you direct it toward anyone or anything, it literally changes the energy field in and around the person, place or thing. This is God in action, peeling away the illusion and revealing the Reality.

20. Say to yourself:

**I will do my part to love my neighbor without exception. As I scan my consciousness, my mind picks up certain individuals of the past and present who evoke less-than-desirable emotions in me. I now transmute that negative**

energy by forgiving them and speaking words of unconditional love. (Speak the name aloud) . . . I love you! I love you unconditionally! I love you for Who and What you are, with no strings attached. I am love. You are love. We are one in love, and we are healed through love. I now bring into my consciousness my home and family, my place of work, my city, state and country, my world—and I send forth the Love Activated Spiritual Energy Rays to heal and harmonize every negative condition on this planet. I feel the love pouring forth from my heart center, and I know that this Love Power will accomplish that for which it is sent. I AM LOVE IN ACTION!

### Spiritual Activity

Spend time daily with the affirmative prayers in paragraphs 13 through 20—then continue to *be* Love in action! *Be* God in action! Do not get caught in the mesmerism of listening and watching others fight, fume and spew negative energy. Begin to pour love into the situation from your heart chakra, radiating it with intensity, and joyfully watch as the individuals are touched by the harmonizing rays. If injustice comes within the range of your consciousness, send forth the spiritual Energy of Love and see Right Action taking place. Use the Love Power in your home, your office, in the grocery store, the restaurants, the hospitals, the courtrooms, on the freeways—and notice how the environment changes. Stop being a spectator! Use your Lasers in the service of Godkind to reveal order, harmony and peace in this world.

Practice the use of Love-Power daily and prove to yourself that you do indeed have a Divine “Zapper” at your disposal. If an insect bites you, focus the love energy at the point of contact and feel the instant relief from the sting. If you meet someone in a “bad mood” — throw open your heart and begin to pour out unconditional love with great purpose of mind and watch as darkness changes to light. You can LOVE a failing business back to life. You can LOVE a diseased body back to wellness. And you can LOVE a negative condition right out of existence!

Understand that the creative—creating Power of the Universe individualizes within your energy field and finds an outlet through your heart chakra *when you can love a person, place, thing or situation unconditionally*. The act (feeling) of unconditional love opens the chakra and propels the harmonizing energy directly into the low vibratory force field and begins to “perk up” the vibration—literally lifting it up to the Divine Standard. You are actually “shooting” Love Rays with this activity, and if you will just *practice* the procedure, you will be amazed at the results. But don’t just think about it. Do it!

When you are not purposely using your Love-Power, continue to *be* the Presence of Love. For example, can the Presence of Love experience hurt feelings? Can Individualized Love feel rejected? Does a Master of Love attack out of anger? Would a Being of Love feel bitterness or resentment? Would God’s perfect Expression of Love condemn or criticize? And could the Energy of Love ever be stagnant and static? You know the answers. Begin to live as the Love you are in Truth!

You might also spend some time in meditation reflecting on what Paul said about love in his letter to the Christians at Corinth:

“If I speak with the eloquence of men and of angels, but have no love, I become no more than blaring brass or crashing cymbals. If I have the gift of foretelling the future and hold in my mind not only all human knowledge but the very secrets of God, and if I also have that absolute faith which can move mountains, but have no love, I amount to nothing at all. If I dispose of all that I possess, yes, even if I give my own body to be burned, but have no love, I achieve nothing.

“This love of which I speak is slow to lose patience—it looks for a way of being constructive. It is not possessive: It is neither anxious to impress nor does it cherish inflated ideas of its own importance.

“Love has good manners and does not pursue selfish advantage. It is not touchy. It does not keep account of evil or gloat over the wickedness of other people. On the contrary, it is glad with all good men when truth prevails.

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“Love knows no limit to its endurance, no end to its trust, no fading of its hope; it can outlast anything. It is, in fact, the one thing that still stands when all else has fallen.”